

# Nutrition Facts

Serving Size: 1/6 Cake (113g)

Servings Per Container: 6

Amount Per Serving

**Calories** 410    **Calories from Fat** 190

% Daily Value\*

**Total Fat** 21g    **33%**

Saturated Fat 11g    **56%**

Trans Fat 0.5g

**Cholesterol** 45mg    **15%**

**Sodium** 400mg    **17%**

**Total Carbohydrate** 48g    **16%**

Dietary Fiber 1g    **5%**

Sugars 32g

**Protein** 7g

Vitamin A 8%    •    Vitamin C 0%

Calcium 15%    •    Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Oreo® Cookie Cheesecake

# RP49291

## INGREDIENTS

Oreo® Cookie pieces [sugar, enriched unbleached wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), high oleic canola and/or palm and/or canola and/or soybean oils, cocoa alkali processed, high fructose corn syrup, corn starch, leavening (baking soda and/or calcium phosphate), salt, soy lecithin (an emulsifier), vanillin (an artificial flavor), chocolate], skim milk, cream cheese (milk, cream, cheese culture, salt, carob bean gum), sugar, corn syrup, high fructose corn syrup, eggs, hydrogenated coconut oil, margarine [soybean oil, palm oil, water, salt, mono- and diglycerides, nonfat dry milk, soy lecithin, sodium benzoate (to preserve freshness), artificial flavor, Vitamin A Palmitate, colored with (beta carotene)]. Contains less than 2% of the following: whey, soybean oil, palm kernel oil, corn starch, gelatin, coconut oil, natural and artificial flavor, milk solids, soy lecithin, disodium phosphate, locust bean gum, modified tapioca starch, mono- and diglycerides, sodium caseinate, sodium citrate, soy protein isolate, potassium sorbate (to preserve freshness), xanthan gum, salt, natural flavor.

## ALLERGY INFORMATION

Contains: Milk, Wheat, Soy, Eggs.

Manufactured on shared equipment with peanuts and tree nuts.

## PACKAGING / STORAGE

24 oz. whole cheesecake. Shrink-wrapped inside a full-color display box.

Freezer – 9 Months. Refrigerator – 5 Days. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Keep frozen until ready to serve. Thaw under refrigeration. *Enjoy!*

*Manufactured by Jon Donaire Desserts®, a division of Rich Products Corp., Santa Fe Springs CA*

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# Nutrition Facts

Serving Size: 1/6 Cake (132g)

Servings Per Container: 6

Amount Per Serving

**Calories** 420    **Calories from Fat** 210

% Daily Value\*

**Total Fat** 23g    **36%**

Saturated Fat 15g    **74%**

Trans Fat 0g

**Cholesterol** 65mg    **22%**

**Sodium** 380mg    **16%**

**Total Carbohydrate** 44g    **15%**

Dietary Fiber 1g    **3%**

Sugars 30g

**Protein** 9g

Vitamin A 10%    •    Vitamin C 4%

Calcium 20%    •    Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Original Creamstyle Cheesecake

# RP45390

## INGREDIENTS

Cream cheese [milk, cream, cheese culture, salt, stabilizers (xanthan gum and/or carob bean gum and/or guar gum)], water, sugar, skim milk, corn syrup, high fructose corn syrup, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, partially hydrogenated coconut, cottonseed, palm kernel and soybean oils, margarine [soybean oil, palm oil, water, salt, mono- and diglycerides, nonfat dry milk, soy lecithin, sodium benzoate (to preserve freshness), artificial flavor, Vitamin A Palmitate, colored with (beta carotene)]. Contains less than 2% of the following: graham flower (wheat), palm oil, whey (a milk derivative), brown sugar, honey, modified corn starch, gelatin, lemon juice concentrate, natural and artificial flavor, disodium phosphate, locust bean gum, modified tapioca starch, mono- and diglycerides, sodium caseinate (a milk derivative), sodium citrate, soy protein isolate, potassium sorbate (to preserve freshness), xanthan gum, baking soda, salt, cinnamon.

## ALLERGY INFORMATION

Contains: Milk, Wheat, Eggs, Soy.

Manufactured on shared equipment with peanuts and tree nuts.

## PACKAGING / STORAGE

28 oz. whole cheesecake. Shrink-wrapped inside a full-color display box.

Freezer – 9 Months. Refrigerator – 5 Days. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Keep frozen until ready to serve. Thaw under refrigeration. *Enjoy!*

*Manufactured by Jon Donaire Desserts®, a division of Rich Products Corp., Santa Fe Springs CA*

# Nutrition Facts

Serving Size: 1/6 Cake (132g)

Servings Per Container: 6

Amount Per Serving

**Calories** 420    **Calories from Fat** 190

% Daily Value\*

**Total Fat** 21g    **33%**

Saturated Fat 13g    **67%**

Trans Fat 0g

**Cholesterol** 60mg    **19%**

**Sodium** 350mg    **15%**

**Total Carbohydrate** 47g    **16%**

Dietary Fiber 1g    **4%**

Sugars 32g

**Protein** 8g

Vitamin A 10%    •    Vitamin C 6%

Calcium 15%    •    Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Strawberry Swirl Cheesecake

# RP49292

## INGREDIENTS

Cream cheese [milk, cream, cheese culture, salt, stabilizers (xanthan gum and/or carob bean gum and/or guar gum)], water, sugar, skim milk, corn syrup, high fructose corn syrup, partially hydrogenated coconut, cottonseed, palm kernel, soybean and palm oils, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), eggs, strawberries, margarine [soybean oil, palm oil, water, salt, mono- and diglycerides, nonfat dry milk, soy lecithin, sodium benzoate (to preserve freshness), artificial flavor, Vitamin A Palmitate, colored with (beta carotene)]. Contains less than 2% of the following: modified corn starch, graham flower, whey (a milk derivative), brown sugar, honey, lemon juice concentrate, gelatin, natural and artificial flavor, citric acid, natural flavor, locust bean gum, xanthan gum, disodium phosphate, modified tapioca starch, mono- and diglycerides, sodium caseinate (a milk derivative), sodium citrate, soy protein isolate, potassium sorbate (to preserve freshness), baking soda, salt, cinnamon, artificial color (Red 40).

## ALLERGY INFORMATION

Contains: Milk, Wheat, Eggs, Soy.

Manufactured on shared equipment with peanuts and tree nuts.

## PACKAGING / STORAGE

28 oz. whole cheesecake. Shrink-wrapped inside a full-color display box.

Freezer – 9 Months. Refrigerator – 5 Days. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Keep frozen until ready to serve. Thaw under refrigeration. *Enjoy!*

*Manufactured by Jon Donaire Desserts®, a division of Rich Products Corp., Santa Fe Springs CA*

# Heavenly Chocolate Cheesecake Variety RP05542

## Nutrition Facts Serving Size: 1 Slice (99g)

**Chocolate Chip**  
Servings Per Container: 2

Amount Per Serving		% Daily Value*	
<b>Calories</b> 360	Calories from Fat 180		
<b>Total Fat</b> 20g		<b>30%</b>	
Saturated Fat 12g		<b>59%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 40mg		<b>14%</b>	
<b>Sodium</b> 240mg		<b>10%</b>	
<b>Total Carbohydrate</b> 39g		<b>13%</b>	
Dietary Fiber 1g		<b>6%</b>	
Sugars 28g			
<b>Protein</b> 6g			
Vitamin A 8%	Vitamin C 0%		
Calcium 10%	Iron 8%		

**Triple Chocolate**  
Servings Per Container: 2

Amount Per Serving		% Daily Value*	
<b>Calories</b> 340	Calories from Fat 170		
<b>Total Fat</b> 18g		<b>28%</b>	
Saturated Fat 11g		<b>56%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 45mg		<b>15%</b>	
<b>Sodium</b> 250mg		<b>11%</b>	
<b>Total Carbohydrate</b> 36g		<b>12%</b>	
Dietary Fiber 2g		<b>7%</b>	
Sugars 24g			
<b>Protein</b> 7g			
Vitamin A 8%	Vitamin C 0%		
Calcium 15%	Iron 8%		

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Chocolate Swirl**  
Servings Per Container: 2

Amount Per Serving		% Daily Value*	
<b>Calories</b> 320	Calories from Fat 160		
<b>Total Fat</b> 18g		<b>28%</b>	
Saturated Fat 11g		<b>56%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 50mg		<b>16%</b>	
<b>Sodium</b> 270mg		<b>11%</b>	
<b>Total Carbohydrate</b> 33g		<b>11%</b>	
Dietary Fiber 1g		<b>3%</b>	
Sugars 23g			
<b>Protein</b> 7g			
Vitamin A 10%	Vitamin C 2%		
Calcium 15%	Iron 4%		

**Tuxedo**  
Servings Per Container: 2

Amount Per Serving		% Daily Value*	
<b>Calories</b> 320	Calories from Fat 150		
<b>Total Fat</b> 17g		<b>26%</b>	
Saturated Fat 10g		<b>52%</b>	
Trans Fat 0g			
<b>Cholesterol</b> 45mg		<b>15%</b>	
<b>Sodium</b> 260mg		<b>11%</b>	
<b>Total Carbohydrate</b> 36g		<b>12%</b>	
Dietary Fiber 1g		<b>5%</b>	
Sugars 24g			
<b>Protein</b> 7g			
Vitamin A 8%	Vitamin C 0%		
Calcium 10%	Iron 6%		

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat	9	Carbohydrate 4 - Protein 4

## INGREDIENTS

Cream cheese [milk, cream (from milk), cheese culture, salt, carob bean gum], skim milk, sugar, corn syrup, enriched unbleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), nonfat dry milk, high fructose corn syrup, partially hydrogenated coconut, cottonseed, palm kernel and soybean oils, eggs, margarine [soybean oil, palm oil, water, salt, mono- and diglycerides, nonfat dry milk, soy lecithin, sodium benzoate (to preserve freshness), artificial flavor, Vitamin A Palmitate, beta carotene (for color)], cocoa alkali corn processed, whey, modified corn starch, gelatin, natural and artificial flavor, corn flour, caramel color, salt, potassium sorbate (to preserve freshness), baking soda, disodium phosphate, locust bean gum, modified tapioca starch, mono- and diglycerides, sodium caseinate, sodium citrate, soy protein isolate, xanthan gum, soy lecithin.

**If Chocolate Chip or Triple Chocolate, also contains:** Semisweet chocolate chips (sugar, chocolate liquor, cocoa butter, dextrose, soy lecithin, salt, artificial flavor).

**If Chocolate Swirl, also contains:** Lemon juice concentrate.

**If Tuxedo, also contains:** Cocoa, carrageenan, natural flavor, citric acid

**ALLERGY INFORMATION** Contains: Milk, Wheat, Eggs, Soy.  
Manufactured on shared equipment with peanuts, almonds and pecans.

## PACKAGING / STORAGE

28 oz. pre-sliced cheesecake. Shrink-wrapped inside a full-color display box.  
Freezer – 9 Months. Refrigerator – 5 Days. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Keep frozen until ready to serve. Thaw under refrigeration. *Enjoy!*

*Manufactured by Jon Donaire Desserts®, a division of Rich Products Corp., Santa Fe Springs CA*



# Nutrition Facts

Serving Size: 1 Éclair (56g)

Servings Per Container: 8

Amount Per Serving

**Calories** 210    **Calories from Fat** 100

% Daily Value\*

**Total Fat** 11g    **17%**

Saturated Fat 10g    **49%**

Trans Fat 0g

**Cholesterol** 35mg    **12%**

**Sodium** 85mg    **4%**

**Total Carbohydrate** 24g    **8%**

Dietary Fiber 0g    **0%**

Sugars 19g

**Protein** 2g

Vitamin A 0%    •    Vitamin C 0%

Calcium 0%    •    Iron 6%

Thiamin 4%    •    Riboflavin 4%

Niacin 0%    •    Folate 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

# N.Y. Style Chocolate Iced Éclairs

RP14723

## INGREDIENTS

High fructose corn syrup, partially hydrogenated palm kernel oil, eggs, sugar, enriched wheat flour (flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), water. Contains less than 2% of the following: cocoa, invert sugar, sodium caseinate (a milk derivative), partially hydrogenated cottonseed oil, corn syrup, ammonium carbonate, partially hydrogenated soybean oil, salt, soy protein concentrate, sodium propionate and potassium sorbate (to preserve freshness), Polysorbate 60, carbohydrate gum, soy lecithin, agar, locust bean gum, artificial flavor, polyglycerol esters of fatty acids, artificial colors (Yellow 5, Yellow 6, Red 40), xanthan gum.

## ALLERGY INFORMATION

Contains: Milk, Wheat, Eggs, Soy.

## PACKAGING / STORAGE

*Two reclosable trays, each with four 2 oz. servings (Net weight 16 oz.)*

Freezer – 8 Months. Refrigerator – 2 Weeks. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Keep frozen until ready to use. Thaw and serve. *Enjoy!*

*Distributed by Rich Products Corp., Buffalo NY*



# Nutrition Facts

Serving Size: 2" x 2" Square (34g)

Servings Per Container: 16

Amount Per Serving

**Calories** 140      **Calories from Fat** 60

% Daily Value\*

**Total Fat** 7g      **10%**

Saturated Fat 2g      **10%**

Trans Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 75mg      **3%**

**Total Carbohydrate** 20g      **7%**

Dietary Fiber less than 1g      **3%**

Sugars 15g

**Protein** 1g

Vitamin A 0%      •      Vitamin C 0%

Calcium 2%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

## Tuxedo Brownies

FS120

### INGREDIENTS

Sugar, enriched bleached flour (flour, ferrous sulfate, niacin, thiamin mononitrate, riboflavin, folic acid), water, cocoa (processed with alkali), partially hydrogenated vegetable shortening (soybean and/or cottonseed oil), white cocoa butter chunks (sugar, cocoa butter, whole milk, soya lecithin-an emulsifier, vanilla), chocolate chunks (sugar, chocolate liquor, cocoa butter, soya lecithin-an emulsifier, vanillin-an artificial flavor), soybean salad oil, egg yolks, salt, egg whites, sodium bicarbonate, artificial flavoring.

### ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

### PACKAGING / STORAGE

*Two shrink-wrapped 20 oz. trays with resealable plastic lid (Net weight 40 oz.)*

Freezer – 6 Months. Refrigerator – 1 Week. Can be refrozen for future enjoyment.

### PREPARATION INSTRUCTIONS

Thaw and serve. *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®  
by J&J Wall Baking Co., Sacramento CA*

# Nutrition Facts

Serving Size: ½ Roll (63.78g)

Servings Per Container: 16

Amount Per Serving

**Calories** 250      **Calories from Fat** 90

% Daily Value\*

**Total Fat** 10g      **15%**

Saturated Fat 2.5g      **12%**

Trans Fat 0g

**Cholesterol** 10mg      **3%**

**Sodium** 180mg      **7%**

**Total Carbohydrate** 37g      **12%**

Dietary Fiber 1g      **4%**

Sugars 18g

**Protein** 4g

Vitamin A 6%      •      Vitamin C 0%

Calcium 2%      •      Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Cinnamon Rolls

# FS181

## INGREDIENTS

Enriched bleached flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid, thiamin mononitrate, riboflavin, folic acid), water, margarine (partially hydrogenated soybean oil, water, salt, whey, soybean lecithin with monoglycerides added, sodium benzoate added as a preservative, beta carotene, Vitamin A Palmitate added), partially hydrogenated vegetable shortening (soybean and/or cottonseed oil), brown sugar, dextrose, fresh yeast, whole eggs, granulated sugar, cinnamon, defatted soy flour, salt, vital wheat gluten, mono- and diglycerides with BHT and citric acid added as preservatives, whey, sodium acid pyrophosphate, sodium bicarbonate, DATEM, sodium stearoyl lactylate, nonfat milk, egg yolks, annatto, turmeric, guar gum, corn syrup solids, ascorbic acid, enzymes. *Cream cheese icing*: powdered sugar, cream cheese (pasteurized cream, cheese culture, salt, carob bean gum, guar gum) margarine, vanilla flavor.

## ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

## PACKAGING / STORAGE

*Two shrink-wrapped trays, each with four large 4.5 oz rolls (Net weight 36 oz.)*  
Freezer – 6 Months. Refrigerator – 1 Week. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Thaw and serve. If desired, remove from tray and microwave 35-40 seconds (frozen) or 20-25 seconds (thawed). *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®  
by J&J Wall Baking Co., Sacramento CA*



# Nutrition Facts

Serving Size: 1 Slice (3 oz.)

Servings Per Container: about 7

Amount Per Serving

**Calories** 230    **Calories from Fat** 90

% Daily Value\*

**Total Fat** 10g                      **15%**

    Saturated Fat 6g                **30%**

    Trans Fat 0g

**Cholesterol** 70mg                **23%**

**Sodium** 590mg                    **25%**

**Total Carbohydrate** 36g        **12%**

    Dietary Fiber 1g                **4%**

    Sugars 28g

**Protein** 3g

Vitamin A 8%    •    Vitamin C 0%

Calcium 4%    •    Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Pumpkin Roll with Cream Cheese Filling    DC22445

## INGREDIENTS

Cream cheese (pasteurized cultured cream, skim milk, cream, natural acids, salt, one or more of the following gums as stabilizer: carob bean, locust bean, xanthan or guar), pumpkin, sugar, powdered sugar, eggs, wheat flour, margarine (partially hydrogenated soybean and cottonseed oil, skim milk, cultured skim milk, salt, vegetable mono- and diglycerides, soybean lecithin, Vitamin A Palmitate, beta carotene for color, artificial flavor), salt, natural and artificial flavor, cinnamon.

## ALLERGY INFORMATION

Contains: Milk, Wheat, Eggs, Soy.

## PACKAGING / STORAGE

*22 ounce roll, shrink-wrapped in a reclosable container*

Freezer – 12 Months. Refrigerator – 10 Days. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Keep frozen or refrigerated until ready to use. Thaw and serve. *Enjoy!*

Manufactured by Dutch Country Apple Dumplings Inc., Orrville OH





# Nutrition Facts

Serving Size: 1 Slice (2 oz.)

Servings Per Container: 11

Amount Per Serving

**Calories** 190      **Calories from Fat** 80

% Daily Value\*

**Total Fat** 9g      **14%**

Saturated Fat 4g      **20%**

Trans Fat 0g

**Cholesterol** 15mg      **5%**

**Sodium** 230mg      **10%**

**Total Carbohydrate** 25g      **8%**

Dietary Fiber 0g      **0%**

Sugars 18g

**Protein** 1g

Vitamin A 2%      •      Vitamin C 0%

Calcium 2%      •      Iron 2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

## Red Velvet Roll with Cream Cheese Filling

DC22443

### INGREDIENTS

Cream cheese (pasteurized cultured milk, cream, salt, one or more of the following gums as stabilizer: carob bean, locust bean, xanthan or guar), Cake mix [sugar, enriched bleached wheat flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dry egg whites, soybean oil, propylene glycol, mono- and diesters with BHT and citric acids as preservatives, cocoa processed with alkali, leavening (baking soda, sodium acid pyrophosphate, sodium aluminum phosphate, aluminum sulfate, monocalcium phosphate), food starch-modified, dry egg yolk, dextrose, mono- and diglycerides, salt, nonfat milk solids, sorbitan monostearate, natural and artificial flavor, Red 40, soy lecithin, Polysorbate 60, xanthan gum, cellulose gum, propylene glycol, corn syrup, Polysorbate 80, glycerin, caramel color, wheat starch], water, powdered sugar [dextrose, corn starch, partially hydrogenated vegetable oil (soybean and/or cottonseed oil), titanium dioxide as color, rice flour, artificial flavor], fully refined soybean oil.

### ALLERGY INFORMATION

Contains: Milk, Wheat, Eggs, Soy.

### PACKAGING / STORAGE

22 ounce roll, shrink-wrapped in a reclosable container

Freezer – 12 Months. Refrigerator – 10 Days. Can be refrozen for future enjoyment.

### PREPARATION INSTRUCTIONS

Keep frozen or refrigerated until ready to use. Thaw and serve. *Enjoy!*

Manufactured by Dutch Country Apple Dumplings Inc., Orrville OH







# Nutrition Facts

Serving Size: 1 Egg Roll (85g)

Servings Per Container: 12

Amount Per Serving

**Calories** 180      **Calories from Fat** 80

% Daily Value\*

**Total Fat** 9g      **14%**

Saturated Fat 2.5g      **13%**

Trans Fat 0g

**Cholesterol** 15mg      **5%**

**Sodium** 550mg      **23%**

**Total Carbohydrate** 20g      **7%**

Dietary Fiber 2g      **8%**

Sugars 3g

**Protein** 7g

Vitamin A 10%      •      Vitamin C 6%

Calcium 4%      •      Iron 10%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Minh® Pork Egg Rolls

# FS69082

**FILLING:** Cabbage, pork, carrots, celery, onions, textured vegetable protein product [textured soy flour, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, Vitamin A Palmitate, calcium pantothenate, thiamine mononitrate (Vitamin B1), pyridoxine hydrochloride (Vitamin B6), riboflavin (Vitamin B2), cyanocobalamin (Vitamin B12)]. Contains 2% or less of: sugar, salt, anchovy flavored fish sauce (anchovy fish extract, salt, sugar), spice, hydrolyzed soy protein, lactic acid powder. **CRUST:** Enriched bleached flour [(wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), calcium propionate (a preservative), malted barley flour], water, enriched durum flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid). Contains 1% or less of: salt, cottonseed oil, dried whole eggs, wheat gluten. Fried in cottonseed oil.

**ALLERGY INFORMATION**      Contains: Soy, Anchovy (fish), Wheat, Egg.

## PACKAGING / STORAGE

12 individually-wrapped egg rolls per box (Net wt: 36 oz.) Freezer – 6 Months.

## PREPARATION INSTRUCTIONS

Not ready to eat – Cook thoroughly before eating. Remove product from wrapper before cooking.

Note: Cooking times and temperatures may vary.

### HOME CONVENTIONAL OVEN

• Preheat oven to 400° F. Cook 18-19 minutes if frozen; 13-14 minutes if thawed.

### DEEP FRYER

• Preheat oil to 350° F. Place egg roll in preheated oil 8 to 9 minutes if frozen; 5½ to 6 minutes if thawed.

### MICROWAVE OVEN

• Keep in wrapper, opening one end. Cook 2 to 2½ minutes if frozen; 1 to 1½ minutes if thawed. *Enjoy!*

Distributed by The Schwan Food Company, Marshall MN



# Nutrition Facts

Serving Size: 1 Pretzel Dog (117g)  
Servings Per Container: 6

Amount Per Serving

**Calories** 320    **Calories from Fat** 140  
% Daily Value\*

**Total Fat** 15g    **23%**  
Saturated Fat 6g    **30%**  
Trans Fat 0.5g

**Cholesterol** 35mg    **12%**

**Sodium** 720mg    **28%**

**Total Carbohydrate** 33g    **11%**  
Dietary Fiber 2g    **8%**

Sugars 5g

**Protein** 10g

Vitamin A 2%    •    Vitamin C 2%

Calcium 0%    •    Iron 6%

Serving Size: 1 Pretzel Dog (117g)  
*with butter added*

Amount Per Serving

**Calories** 340    **Calories from Fat** 150  
% Daily Value\*

**Total Fat** 18g    **28%**  
Saturated Fat 8g    **40%**  
Trans Fat 0.5g

**Cholesterol** 40mg    **13%**

**Sodium** 720mg    **28%**

**Total Carbohydrate** 33g    **11%**  
Dietary Fiber 2g    **8%**

Sugars 5g

**Protein** 10g

Vitamin A 4%    •    Vitamin C 2%

Calcium 2%    •    Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Pretzel Dogs

# AA-A106

**DOUGH WRAP:** Wheat flour blend [wheat flour, enriched flour (bleached white flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)], water, sugar, guar gum (stabilizer), monoglycerides (dough softener), yeast sorbitan monostearate, ascorbic acid, molasses, salt. **BEEF HOT DOG:** Beef, water. Contains less than 2% of: salt, sorbitol (sweetener), sodium lactate [lactic acid (microbial inhibitor)], hydrolyzed soy, corn and wheat gluten protein, paprika, natural flavorings, sodium diacetate (microbial inhibitor), sodium phosphate, sodium erythorbate, sodium nitrate (color and preservative).

**ALLERGY INFORMATION** Contains: Wheat, Soy.

## PACKAGING / STORAGE

Each box contains 6 pretzel dogs in a sealed bag (Net wt: 24 oz.) Freezer – 6 Months.

## PREPARATION INSTRUCTIONS

Keep frozen until ready to prepare – DO NOT thaw in refrigerator.

Note: Cooking times/temperatures may vary. Children should never use an oven without adult supervision.

### OVEN / MICROWAVE INSTRUCTIONS (FOR A CRISP PRETZEL)

- Preheat oven to 400° F
- Place 1 to 3 pretzel dogs on microwave-safe plate
- Microwave on high for 1 minute per pretzel dog
- Place pretzel dog on non-stick baking sheet
- Bake in preheated oven for 4 minutes
- Optional: Brush melted butter over pretzel dog

### MICROWAVE INSTRUCTIONS (FOR A SOFT PRETZEL)

- Place 1 to 3 pretzel dogs on microwave-safe plate
- Microwave on high for 1 minute per pretzel dog  
(for example: if preparing 3 pretzel dogs, microwave all three on high for a total of 3 minutes)
- Optional: Brush melted butter over pretzel dog

*Enjoy!*

Manufactured by Auntie Anne's, Inc., Lancaster PA





# Nutrition Facts

Serving Size: 1 Cookie (28g)

Servings Per Container: 40

Amount Per Serving

**Calories** 120      **Calories from Fat** 50

% Daily Value\*

**Total Fat** 6g      **9%**

Saturated Fat 3g      **14%**

Trans Fat 0g

**Cholesterol** 10mg      **3%**

**Sodium** 125mg      **5%**

**Total Carbohydrate** 17g      **6%**

Dietary Fiber less than 1g      **2%**

Sugars 10g

**Protein** 1g

Vitamin A 4%      •      Vitamin C 0%

Calcium 0%      •      Iron 6%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Chocolate Chip Cookie Dough

FS860

## INGREDIENTS

Enriched Bleached Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), dark brown sugar, chocolate chips, granulated sugar, margarine (made from palm oil, water, soybean oil, salt, mono- and diglycerides, artificial flavor, colored with Annatto. Calcium Disodium EDTA added as a preservative. Vitamin A Palmitate added), pasteurized fresh eggs, butter salt, baking soda, vanilla extract, natural and artificial flavors.

## ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

## PACKAGING / STORAGE

40 pre-portioned 1-oz. cookies (2.5 lbs total) in a shrink-wrapped cardboard box. Freezer – 1 Year. Refrigerator – 2 Weeks. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Pre-heat oven to 325° F. Place frozen or defrosted dough on ungreased baking sheet. Bake 13 to 15 minutes (start checking at 10 minutes). Baking times and temperatures may vary. Allow to cool. *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®  
by J&J Wall Baking Co., Sacramento CA*

# Nutrition Facts

Serving Size: 1 Cookie (28g)

Servings Per Container: 40

Amount Per Serving

**Calories** 130      **Calories from Fat** 60

% Daily Value\*

**Total Fat** 7g      **11%**

Saturated Fat 2.5g      **12%**

Trans Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 140mg      **6%**

**Total Carbohydrate** 14g      **5%**

Dietary Fiber less than 1g      **2%**

Sugars 9g

**Protein** 2g

Vitamin A 4%      •      Vitamin C 0%

Calcium 0%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Peanut Butter Cookie Dough

FS870

## INGREDIENTS

Enriched Bleached Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid, thiamin mononitrate, riboflavin, folic acid), margarine (made from palm oil, water, soybean oil, salt, mono- and diglycerides, artificial flavor, colored with Annatto. Calcium Disodium EDTA added as a preservative. Vitamin A Palmitate added), peanut butter, granulated sugar, brown sugar, pasteurized fresh eggs, butter, water, salt, milk powder, baking soda.

## ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

## PACKAGING / STORAGE

40 pre-portioned 1-oz. cookies (2.5 lbs total) in a shrink-wrapped cardboard box. Freezer – 1 Year. Refrigerator – 2 Weeks. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Pre-heat oven to 325° F. Place frozen or defrosted dough on ungreased baking sheet. Bake 13 to 15 minutes (start checking at 10 minutes). Baking times and temperatures may vary. Allow to cool. *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®  
by J&J Wall Baking Co., Sacramento CA*

# Nutrition Facts

Serving Size: 1 Cookie (28g)

Servings Per Container: 40

Amount Per Serving

**Calories** 110      **Calories from Fat** 40

% Daily Value\*

**Total Fat** 4.5g      **7%**

Saturated Fat 2g      **9%**

Trans Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 140mg      **6%**

**Total Carbohydrate** 17g      **6%**

Dietary Fiber 1g      **4%**

Sugars 8g

**Protein** 2g

Vitamin A 4%      •      Vitamin C 0%

Calcium 0%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Oatmeal Raisin Cookie Dough

FS875

## INGREDIENTS

Enriched Bleached Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), rolled oats, brown sugar, granulated sugar, margarine (made from palm oil, water, soybean oil, salt, mono- and diglycerides, artificial flavor, colored with Annatto. Calcium Disodium EDTA added as a preservative. Vitamin A Palmitate added), raisins, pasteurized fresh eggs, butter, water, apples, baking soda, salt, cinnamon, asorbic acid, artificial flavoring.

## ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

## PACKAGING / STORAGE

40 pre-portioned 1-oz. cookies (2.5 lbs total) in a shrink-wrapped cardboard box. Freezer – 1 Year. Refrigerator – 2 Weeks. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Pre-heat oven to 325° F. Place frozen or defrosted dough on ungreased baking sheet. Bake 13 to 15 minutes (start checking at 10 minutes). Baking times and temperatures may vary. Allow to cool. *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®  
by J&J Wall Baking Co., Sacramento CA*

# Nutrition Facts

Serving Size: 1 Cookie (28g)

Servings Per Container: 40

Amount Per Serving

**Calories** 120      **Calories from Fat** 45

% Daily Value\*

**Total Fat** 5g      **8%**

Saturated Fat 2g      **11%**

Trans Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 150mg      **6%**

**Total Carbohydrate** 18g      **6%**

Dietary Fiber 0g      **0%**

Sugars 10g

**Protein** 1g

Vitamin A 4%      •      Vitamin C 0%

Calcium 2%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Snickerdoodle Cookie Dough

FS885

## INGREDIENTS

Enriched Bleached Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), granulated sugar, margarine (made from palm oil, water, soybean oil, salt, mono- and diglycerides, artificial flavor, colored with Annatto. Calcium Disodium EDTA added as a preservative. Vitamin A Palmitate added), pasteurized fresh eggs, cinnamon, butter, water, salt, milk powder, baking soda, vanilla extract, baking powder.

## ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

## PACKAGING / STORAGE

40 pre-portioned 1-oz. cookies (2.5 lbs total) in a shrink-wrapped cardboard box. Freezer – 1 Year. Refrigerator – 2 Weeks. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Pre-heat oven to 325° F. Place frozen or defrosted dough on ungreased baking sheet. Bake 13 to 15 minutes (start checking at 10 minutes). Baking times and temperatures may vary. Allow to cool. *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®  
by J&J Wall Baking Co., Sacramento CA*

# Nutrition Facts

Serving Size: 1 Cookie (28g)

Servings Per Container: 40

Amount Per Serving

**Calories** 130      **Calories from Fat** 50

% Daily Value\*

**Total Fat** 6g      **9%**

Saturated Fat 2.5g      **13%**

Trans Fat 0g

**Cholesterol** 10mg      **3%**

**Sodium** 130mg      **5%**

**Total Carbohydrate** 17g      **6%**

Dietary Fiber 0g      **0%**

Sugars 10g

**Protein** 1g

Vitamin A 4%      •      Vitamin C 0%

Calcium 2%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# White Chocolate Macadamia Nut Cookie Dough FS880

## INGREDIENTS

Enriched Bleached Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid, thiamin mononitrate, riboflavin, folic acid), white cocoa butter chips (sugar, cocoa butter, whole milk, soya lecithin-an emulsifier, vanilla), brown sugar, margarine (made from palm oil, water, soybean oil, salt, mono- and diglycerides, artificial flavor, colored with Annatto. Calcium Disodium EDTA added as a preservative. Vitamin A Palmitate added), granulated sugar, pasteurized fresh eggs, macadamia nuts, butter, salt, baking soda, vanilla flavor.

## ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

## PACKAGING / STORAGE

40 pre-portioned 1-oz. cookies (2.5 lbs total) in a shrink-wrapped cardboard box. Freezer – 1 Year. Refrigerator – 2 Weeks. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

Pre-heat oven to 325° F. Place frozen or defrosted dough on ungreased baking sheet. Bake 13 to 15 minutes (start checking at 10 minutes). Baking times and temperatures may vary. Allow to cool. *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®  
by J&J Wall Baking Co., Sacramento CA*

# Nutrition Facts

Serving Size: 1 Cookie (28g)

Servings Per Container: 48

Amount Per Serving

**Calories** 130      **Calories from Fat** 60

% Daily Value\*

**Total Fat** 6g      **9%**

Saturated Fat 1g      **6%**

Trans Fat 0g

**Cholesterol** 5mg      **2%**

**Sodium** 150mg      **6%**

**Total Carbohydrate** 16g      **5%**

Dietary Fiber 0g      **0%**

Sugars 8g

**Protein** 1g

Vitamin A 2%      •      Vitamin C 0%

Calcium 0%      •      Iron 4%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

# Fun Doe Sugar Cookie Dough

FS850

## INGREDIENTS

Enriched Bleached Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), granulated sugar, shortening (made from partially hydrogenated soybean oil and cottonseed oils), margarine (made from partially hydrogenated soybean oil, water, salt, whey, soybean lecithin with monoglycerides added, sodium benzoate added as a preservative, beta carotene, Vitamin A Palmitate added), pasteurized fresh eggs, water, salt, milk powder, baking soda, vanilla extract, baking powder, lemon flavor (naturally and artificially flavored), food color (may contain one or more of the following: water, glycerine, citric acid, sodium benzoate, FD&C Blue #1, FD&C Yellow #5, FD&C Yellow #6, FD&C Red #40).

## ALLERGY INFORMATION

Manufactured in a facility that also processes nut/peanut products.

## PACKAGING / STORAGE

Four 12 oz. plastic tubs (3 lbs total) in a shrink-wrapped cardboard package.

Freezer – 6 Months. Refrigerator – 8 Weeks. Can be refrozen for future enjoyment.

## PREPARATION INSTRUCTIONS

*Children should never use an oven without adult supervision.*

Pre-heat oven to 325° F. Place your FunDoe creation or defrosted dough on ungreased baking sheet. Bake 13 to 15 minutes (start checking at 10 minutes).

Baking times and temperatures may vary. Allow to cool. *Enjoy!*

*Manufactured exclusively for The EZ Gourmet®*

*by J&J Wall Baking Co., Sacramento CA*